

# FRANCEL AESTHETICS

314-251-6845

## PATIENT INFORMATION

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home # \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_  
E-Mail \_\_\_\_\_ Family Physician \_\_\_\_\_ Referred by \_\_\_\_\_

## MEDICAL INFORMATION

Do You Have Any of The Following? \_\_\_\_\_ Acne \_\_\_\_\_ Skin cancer \_\_\_\_\_ Pre-cancerous lesions  
\_\_\_\_\_ Rosacea \_\_\_\_\_ Cold sores \_\_\_\_\_ Any skin irritations \_\_\_\_\_ Diabetes \_\_\_\_\_ High blood pressure

Do you Smoke? \_\_\_\_\_ How much? \_\_\_\_\_ Use to? \_\_\_\_\_ Live with a smoker? \_\_\_\_\_

Please list all vitamins (if any) taken daily. \_\_\_\_\_

Please list all current medications and purpose. \_\_\_\_\_

\_\_\_\_\_ Reason \_\_\_\_\_  
\_\_\_\_\_ Reason \_\_\_\_\_  
\_\_\_\_\_ Reason \_\_\_\_\_

Do you have any of the following allergies? (Please check the appropriate line)

\_\_\_\_\_ Aspirin \_\_\_\_\_ Lactose intolerance \_\_\_\_\_ Any Sulfur reactions \_\_\_\_\_ Other \_\_\_\_\_  
(Sulfur is contained in many acne medications)

Do you wear contacts? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you pregnant? \_\_\_\_\_ yes \_\_\_\_\_ no Is your menstrual cycle regular? \_\_\_\_\_ yes \_\_\_\_\_ no

Are you menopausal? \_\_\_\_\_ yes \_\_\_\_\_ no If so, list any symptoms \_\_\_\_\_

Has your skin changed since starting menopause? \_\_\_\_\_

Are you on hormone therapy? \_\_\_\_\_ What type? \_\_\_\_\_

## PERSONAL INFORMATION

Occupation \_\_\_\_\_ Married \_\_\_\_\_ Single \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Number of Children \_\_\_\_\_ Ages \_\_\_\_\_

How many hours of sleep do you average per night? \_\_\_\_\_

## DIET INFORMATION

Please explain your typical daily diet \_\_\_\_\_

How often do you eat out? \_\_\_\_\_ Daily soda intake? \_\_\_\_\_ Daily water consumption? \_\_\_\_\_

## SKIN CARE

What skin treatments have you had in the past?

Facials \_\_\_\_\_ How often? \_\_\_\_\_ Microdermabrasions \_\_\_\_\_ How often? \_\_\_\_\_

Facial Peels \_\_\_\_\_ How often? \_\_\_\_\_ What type? \_\_\_\_\_

Laser Treatments \_\_\_\_\_ How often? \_\_\_\_\_ What type? \_\_\_\_\_

Any other treatments? (i.e. Botox, fillers) \_\_\_\_\_

Any cosmetic and/or reconstructive surgery? \_\_\_\_\_

List any other surgeries \_\_\_\_\_

How would you like to improve your skin? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you on the medication Acutane? \_\_\_\_\_, or have you ever been? \_\_\_\_\_  
If so, how long have you been off of Accutane? \_\_\_\_\_

Are you currently using Retin-A? \_\_\_\_\_ What type? \_\_\_\_\_ If you have  
used Retin-A in the past, how long ago was that? \_\_\_\_\_ What type were you on?  
\_\_\_\_\_ What did you think of the results? \_\_\_\_\_

Are you exposed to the sun? \_\_\_\_\_ How often? \_\_\_\_\_ How long at a time? \_\_\_\_\_  
Do you use a sunscreen? \_\_\_\_\_ What kind? \_\_\_\_\_  
Do you ever use a tanning bed? \_\_\_\_\_ How often? \_\_\_\_\_

\*What skin care products do you use in  
the morning & in which order?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*What skin care products do you use in  
the evening & in which order?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**GENERAL INFORMATION**

What's your ethnicity \_\_\_\_\_ Eye color \_\_\_\_\_ Hair color \_\_\_\_\_  
Skin color \_\_\_\_\_

\*Please check your type of skin (Fitzpatrick Classification)

_____ TYPE I	Very, very sensitive	Always burns in the sun
_____ TYPE II	Very sensitive	Usually burns in the sun
_____ TYPE III	Sensitive	Sometimes burns in the sun
_____ TYPE IV	Moderately sensitive	Rarely burns in the sun
_____ TYPE V	Minimally sensitive	Very rarely burns in the sun
_____ TYPE VI	Least sensitive	Never burns in the sun

Would you like to receive in-office skin care treatments? \_\_\_\_\_  
How much time do you have for treatments? \_\_\_\_\_ Once every 2 weeks \_\_\_\_\_ Once a month  
\_\_\_\_\_ Once every 2 months \_\_\_\_\_ 2-3 times a year

How much time are you willing to spend at home caring for your skin? \_\_\_\_\_  
AM 2-min. \_\_\_\_\_ 5-min. \_\_\_\_\_ 10-min. \_\_\_\_\_ More \_\_\_\_\_ PM 2-min. \_\_\_\_\_ 5-min. \_\_\_\_\_ 10-min. \_\_\_\_\_ More \_\_\_\_\_

Do you want to read information on skin care products? \_\_\_\_\_ If you had confidence that your skin  
could improve, are you willing to spend the time and resources to achieve this goal? \_\_\_\_\_

**OUR COMMITMENT TO YOU**

**We will always be honest with our recommendations for your skin care. You will not be  
pressured into purchasing products or procedures that you do not want. Remember: Beautiful  
skin starts with a healthy lifestyle. We can help you achieve both.**

Please sign \_\_\_\_\_ Date \_\_\_\_\_